

Wise Buys

IN THE SWIM

Sun care doesn't stop at your skin - make sure your hair is protected too!



L'Huile de Leonor Greyl (£27.54/95ml) 5 ml e 3.2 Oz is a detangling, protective and nourishing pre-shampoo oil that offers natural hair UVA and UVB protection against sun damage and seawater

Bamboo Beach Summer Sunshine Spray (£21/125ml) is a new weightless spray, formulated with UV filters to create a protective veil from the sun against colour fade, whilst instantly adding shine and softness to help control frizz



Swimming in chlorine or salt water can leave hair feeling dry and coarse. Protect hair with Revlon Professional Interactives Hydra Nourishing Gold Oil (£9.99/30ml). Just run the shimmery oil through wet hair, and braid before you hit the beach to keep harmful substances away



Use Philip Kingsley's Swimcap (£20/150ml) on the hair, parting and scalp. The formula guards against discoloration and damage caused by UV rays, chlorine, salt water and wind



If you're thinking about hitting the pool, you'll want to pack this. Swim Spray (£8.99/4oz) uses a vitamin C formula to break the chlorine's bond to your hair and skin. Just rinse off the pool water, use the spray and shampoo as normal



The creamy formula of Phyto Plage's Rehydrating Hair and Body Shampoo (£13.50/200ml) gently gets rid of salt, sand and chlorine deposits, leaving your hair, body and scalp fresh and silky soft



Helping to protect against environmental elements, Moroccan Oil Glimmer Shine Spray (£19.45/100ml) is ultra light, alcohol-free, non-greasy and a little goes a long way

DID YOU KNOW? Synchronized swimmers paint gelatin on their hair so it stays in place and looks immaculately shiny

The certified organic Green Tea extract in Hair O'Right Green Tea Moisturizing Cream (£23.45/180ml) provides natural UV protection. This lightweight eco cream gives instant nourishment to frazzled locks and moisture for up to 72 hours, leaving hair looking soft and silky



FOR STOCKISTS SEE PAGE 162



STYLE FILE

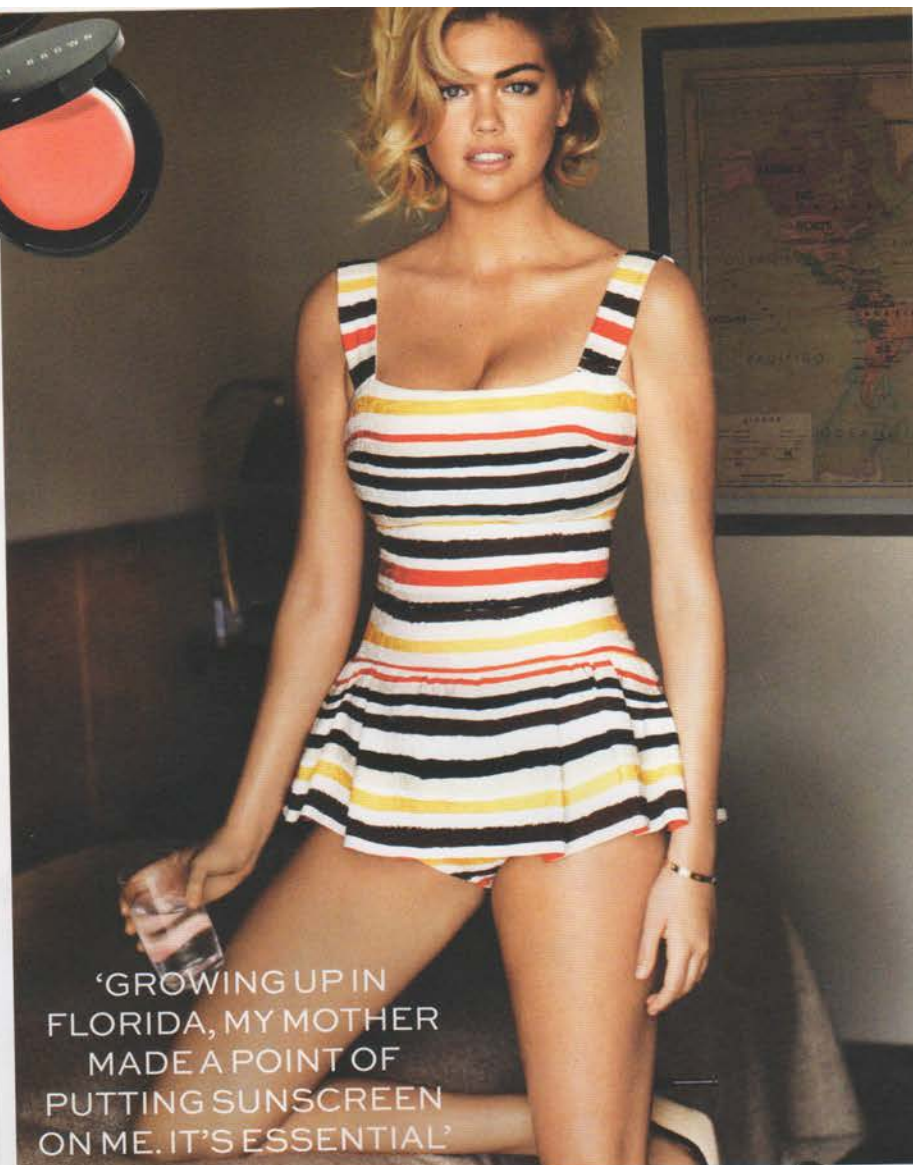
Pot Rouge Blush, £19, **Bobbi Brown** (www.bobbibrown.co.uk).
Below, Cleansing Cream, £15, **Dr Hauschka** (www.johnlewis.com)

How do you stay fit and healthy when you are working on location?

'I work out three times a week and try to eat healthily. It helps give me energy after long days and lots of travelling. I love fish or chicken, grilled vegetables, sautéed spinach with feta cheese and a good juice.'

How do you scale down your make-up bag for flights?

'I'm all about taking short cuts. My new thing is to put a cream blush on my cheeks and then dab a bit on my lips. It adds colour to your face without competing. In terms of regular make-up, I use Bobbi Brown's Creamy Concealer, Bronzing Powder, Pot Rouge Blush, Smokey Eye Mascara and one of her lip colours.'



'GROWING UP IN FLORIDA, MY MOTHER MADE A POINT OF PUTTING SUNSCREEN ON ME. IT'S ESSENTIAL'

BEAUTY KIT: KATE UPTON ON HER TRAVELS

The model who stars alongside Cameron Diaz in new film *The Other Woman* shares her tips



Which spas around the world do you visit?

'I go to Christine Chin Spa in Manhattan.'

How do you get your skin and body beach-ready?

'There's nothing better than a good facial. And I work out with David Kirsch at his gym, Madison Square Club, when I'm in New York. He's such a positive person. I walk out of the place feeling amazing, even though I'm a sweaty mess.'

Which are your favourite skincare brands?

'I wash my face with Dr Hauschka Cleansing Cream and moisturise with Bobbi Brown Hydrating Gel Cream. I always follow with sunscreen, and I like Bliss Lemon + Sage Body Butter.'



What fragrance do you wear?

'I actually don't have one. I enjoy trying new things. I like perfume, but sometimes I forget to wear it. Jo Malone's Lavender & Lovage candle is one of my favourite scents. I have a few of them around my house and almost always have them lit. There's something calming about the aroma.'

Top hair products?

'I use the gorgeous range by Leonor Greyl.'

Do you have a signature nail colour when you get a manicure?

'I usually like nude shades – a soft pink, or white.'

Kate Upton is the face of Bobbi Brown Cosmetics. The Surf and Sand Collection launches this month

Did your mother pass on any beauty advice?

'She taught me to cleanse and tone my face every night. No matter what time I get home, I go straight to the sink. I'm like a robot. It's engrained in me.'



Who is your beauty pin-up?

'Lauren Hutton. She has this wonderful inner beauty about her. I adore the way she carries herself and that she keeps her look so natural and clean.'



Huile Secret de Beauté, £40.73, **Leonor Greyl** at Urban Retreat (www.harrods.com)

From far left: Lip Colour, £19.50, **Bobbi Brown** (www.bobbibrown.co.uk). Le Vernis in Ballerina, £18, **Chanel** (www.chanel.co.uk). Lavender & Lovage candle, £40, **Jo Malone** (www.jomalone.co.uk)

PHOTOGRAPH: MARIO TESTINO/ART PARTNER

CARE TO CO-WASH?



We've rounded up the conditioning washes worth their weight in shine and swish-ability.

1&4. Palmer's Olive Oil Formula Co-wash Cleansing Conditioner, £5.99. 2. Wen Cucumber Aloe Cleansing Conditioner, £26.95. 3. Grow Gorgeous 11-in-1 Cleansing Conditioner, £17.99. 5. Ojon Rare Blend Moisture-Rich Cleansing Conditioner, £18.50. 6. Milk Shake Daily Frequent Conditioner, £13.39. 7. Mizani True Textures Cleansing Cream Conditioning Curl Wash, £10.25. 8. L'Oréal Professionnel Absolut Repair Cellular Cleansing Balm, £14.99. 9. Leonor Greyl Crème Aux Fleurs, £18.29. 10. Purely Perfect Cleansing Crème, £35. 11. Wen Sweet Almond Mint Cleansing Conditioner, £26.95. 12. Revlon Professional Uniq One Conditioning Shampoo, £12.35 ■



'Cleansing conditioners give a natural radiance, as you're feeding the hair cuticle with conditioning ingredients rather than just giving it a glossy coat' – Adam Reed

Reasons to join the co-wash movement

THE SHINE FACTOR 'With cleansing conditioners you get a natural radiance. Hair doesn't look artificially shiny, because you're preserving its natural oils and feeding the cuticle with conditioning ingredients, rather than just giving it a glossy coat,' explains Adam. But, he warns, 'With cleansing conditioners you need to rinse for longer to avoid the feeling of residual product.'

CO-WASH IS THE NEW 2-IN-1 'The process of cleansing can take longer than lathering shampoos, but once rinsed out properly, you can comb through hair instantly without the need for a separate conditioner or detangling spray,' says Purely Perfect's Michael Gordon.

THEY'RE SCALP-FRIENDLY Session hairstylist Johnnie Spong explains, 'Léonor Grey's Crème Aux

Fleurs, £18.29, nourishes the skin on the scalp while having a mild exfoliating effect, which is great for people with dry skin or flakiness. The healthier the scalp, the glossier the hair.'

YOUR COLOUR SHOULD LAST LONGER 'When you colour your hair, you open up the cuticle to remove the pigment. My conditioning mask imparts the hair with vitamins and nutrients then locks the cuticle, which helps prevent colour fade and boosts shine,' says Christophe.

ALL HAIR TYPES, EVEN FINE HAIR, CAN USE THEM So, you would think that a non-lathering hair cleanser would be the enemy of fine hair. Adam suggests the opposite: 'Products like Purely Perfect actually give a slight volume and thickness to the hair.'

YOU GET COOL, DAY-OLD HAIR EVERYDAY Just like salt sprays and hair primers, one of the benefits of cleansing conditioners is that they give your hair that supermodel-on-her-day-off charm. 'While you get a softened, natural shine, you also get this cool, worn-in look to the hair that usually comes one or so days after washing,' says Michael.

BUT THEY'RE NOT FOR YOU IF... You like that super-clean feeling or you enjoy the ritual of daily shampooing. In fact, most experts suggest co-washing is a great addition to your usual hair-cleansing routine, but not a panacea. 'It's great for putting the lustre back into your hair. I'd recommend using a cleansing conditioner every third wash, or for a week or so at a time, when your hair is particularly damaged or you've just got back from holiday,' suggests Johnnie.



Whether worn poker-straight at Ralph Lauren and Topshop Unique, cropped at Peter Pilotto (far left) or wavy at Isabel Marant (left), the message was clear: summer hair is frizz-free and silky

THE APPLICATION LOW-DOWN

Once you get used to the slightly weird notion that you're rubbing lotion rather than shampoo into your scalp, you'll also have to embrace the idea that no lather means you need to put in a bit more elbow grease to get the results you're after. Each product is different, so visit the brand's website for their specific application tips. Purely Perfect recommends four to five pumps rubbed into wet hair, then combed through and rinsed out well, while Christophe Robin has devised a YouTube video showing how to use his cleansing mask. 'You need to keep emulsifying the product with water, working it in a little at a time,' he explains. 'If you use too little or too much, or don't rinse well enough, you won't get the same effects.' ▶



TOPSHOP UNIQUE SIS '14

six of the best / 25 March 2014

Paris classics

Paris chic, huh? Laid-back as it looks, there's always a bit of TLC involved. Here's our pick of the best French hair care, can we get an ooh-la-la?

3. The holiday must-have Leonor Greyl Huile de Leonor Greyl £27.50



FIND ON
THE
HIGH
STREET

What it does

Adds a hair-softening step to your shampooing routine – smoothed through ten minutes before washing (or applied the night before), it'll protect stressed hair from the drying effects of hard water and help to unravel snags and tangles.

Why we like it

There's no sitting around in a cooling bath or wrinkling up in the shower while you wait for it to kick in – gotta love anything that works while you potter (or even sleep).

Who it suits

Dry, over-processed and frizz-prone hair.

When you'll use it

Once a week.

How to apply it

Apply to lengths and ends, leave for up



competitions



Win a month's supply of Archeia Minerals Supplements worth £68



Win a ghd aura hairdryer worth £145



Win a duo of Sexy Hair products worth £31.90

six of the best / 22 May 2014

Downtime hair treats

What to do whilst watching the footie? How about applying a hair mask? Here are six TLC treats we're fans of

1. The sensorial hair giver Leonor Greyl Masque Fleurs De Jasmin £34.00



FIND ON THE HIGH STREET

What it does

It helps to revive, fatten up and nourish hair in dis-tress.

Why we like it

We've dubbed it a pot-full of floral goodness - even lifting the lid is like stepping into a French flower garden. It's bursting with nourishing botanicals and tress-strengthening jasmine oil, but doesn't come with any hidden nasties - it's free from parabens, sodium lauryl sulfate and silicones.

Who it suits

For anyone with dry, fine, weak and thinning hair.

When you'll use it

Depending when you need it most - use as a weekly mask, or if hair is in need of additional rescuing, use instead of your daily conditioner.

How to apply it

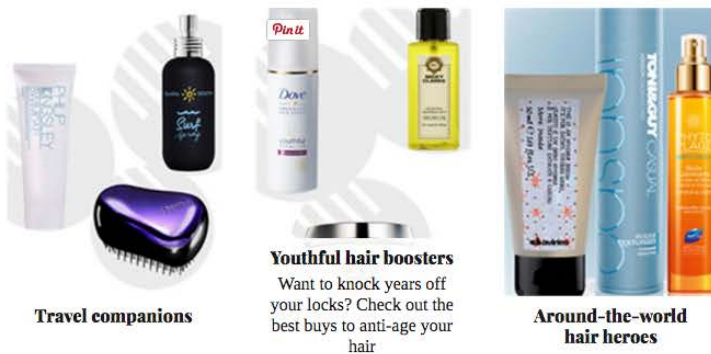
Apply to damp hair and leave on for 15 minutes before rinsing thoroughly - a real bank holiday treat!

best buys, hair masks

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more six of the best



Travel companions

Youthful hair boosters

Want to knock years off your locks? Check out the best buys to anti-age your hair

Around-the-world hair heroes



competitions



Win a month's supply of Archeia Minerals Supplements worth £68



Win a ghd aura hairdryer worth £145



Win a duo of Sexy Hair products worth £31.90

more reviews



Travel companions

Bikini? Check. Sunglasses? Check. Hair kit? Sorted.



The ultimate cool-makers: Radio, London

You'll find more than great street food down East London's Broadway Market



Meg loves the one-to-one salon experience

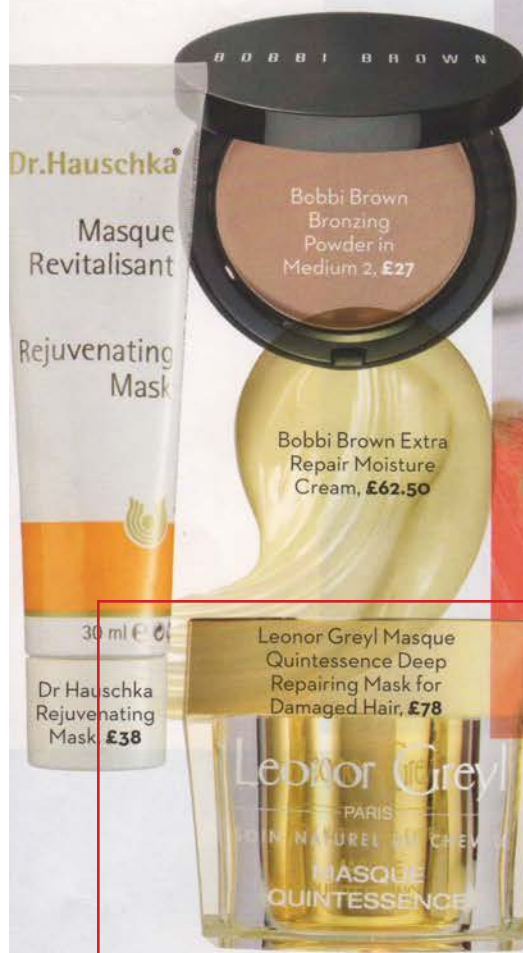
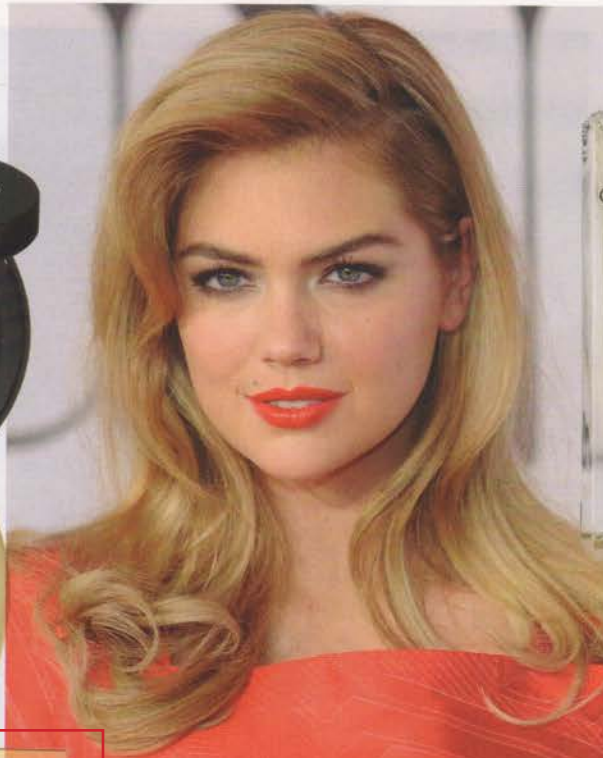
Layered's Meg Lucas welcomes the emergence of underground hairdressing

@layeredonline

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MY BEAUTY RULES

Kate Upton

From *Sports Illustrated* cover star to romcom's latest darling, the Hollywood newbie shares her beauty secrets

I have a problem: I pick my face! I can't leave it alone and it gets to the point where I need a professional to take over. If I'm in New York I'll see Christine Chin at her spa. I love her microdermabrasion treatment. At home, I use Dr Hauschka masks to keep my skin in check.

I never go too funky on the red carpet. It will depend on the dress I'm wearing, but I like a classic look, which to me is a smoky eye or a red lip. Something with a little old-fashioned glamour, but always with a beautiful complexion.

My skin suffers when I'm working. The most important thing I have learned is to apply moisturiser as often as possible. I like to use something really hydrating, such as Bobbi Brown Extra Repair Moisture Cream, which smells amazing, too.

My hair was ruined on a shoot a few years ago. They completely over-bleached it and for a few years afterwards I had so much trouble keeping it healthy. I started using Leonor Greyl products, and now I use the masks all the time, as regularly as a normal conditioner, in fact. I've tried a lot of professional treatments in the

past, but nothing works as well for me.

Even when I wear sun block, I still tan easily. I use bronzer to enhance my tan. My favourite has to be Bobbi Brown Bronzing Powder. I apply it everywhere the sun would hit my skin naturally, but I would never use it to contour. I prefer my skin to look natural but with a little hint of colour.

The fragrance I'm wearing today is Jo Malone London Orange Blossom.

I'm easily distracted, so I'm always trying new scents, but I'm not very creative in the fragrance department and haven't tried layering yet.

I love lavender. I always have lavender candles and I take a lavender mist away with me when I travel - I spray it on my skin and it really relaxes me.

I prefer to have my nails painted, so I'm less likely to bite them. If I'm travelling and my flight is delayed, I'll make use of

the time by having a manicure at the airport. I usually opt for a pinky nude shade. I spend a lot of time on planes, so I have a few essentials with me at all times, including Bobbi Brown Smokey Eye Mascara and a concealer. Together, they fix me when I'm feeling and looking tired from too much travelling.

I love going to the gym - I try to go three times a week. I live a very stressful lifestyle, so it's good for me to work all that stress out. I never do anything dramatic in preparation for a shoot, but my trainer David (Kirsch) definitely bumps up the intensity of my routine, taking me through full-body workouts.

Kale, cucumber, ginger, apple and celery is my favourite juice. I'm lucky because I genuinely prefer healthy treats like shakes, smoothies and juices. I feel better when I'm drinking them; my body feels better and I'm more awake. I try to live healthily all the time, but I do need to have a couple of splurges here and there. Like if I'm out at a restaurant I might have a dessert. But if I have a shoot coming up, I'll cut all this out.

INTERVIEW BY SUZANNE SCOTT. PHOTOGRAPH BY PA. STILL LIVES BY PIRELLE GÖTTSCHE LOWE

beauty FEST

Want to hit the field in style? Take some inspo from this fashion pack.

OUTSIDE OF THE BOX

It's a summertime favourite – and no one works box braids with more sass than Solange Knowles. Install your Rapunzel-length twists in neat boxes to allow for max movement and volume and don't braid too tightly; you don't want to cause too much tension towards the scalp! Add a defined eyebrow and bright red lip and you're field-fabulous-ready.



BARRY M
Ultra Moisturising Lip Paint in 163, £4.49

X-PRESSION
Ultra Braid, from £2.49



CATH KIDSTON
Cardigan, £55



SOAP & GLORY
Archer, Brow, Tint & Precision Shaping Pencil, £10



RIMMEL
Stay Blushed! In Sunkissed Cherry 004, £4.49



F+F
Lace Top, £16



SENSATIONNEL
Bare & Natural, Precision in Loose Drape, from £29.99



LASHFIBRES
Brush On Lashes, £9.95



2 BOHEMIAN SPIRIT

We can sum up Jourdan's festie look in one word: effortless! Glowing skin and free-flowing hair (and a sexy swagger!) come naturally to this beautiful Brit. Prolong your makeup till sunrise with practical beauty weapons like Lashfibres, which goes on top of your mascara, expanding and boosting your lashes in an instant. While go gorgeous on top by sewing and clipping in some lush, loose locks for super swish appeal.

GETTY IMAGES

SPELL 72 MAGAZINE

3 RAVE ON RITA!

If you lean towards the lighter locks when the sun makes an appearance, make like Rita and go a soft, sweet hue of blonde. It'll look mega paired up with grungy tops and perspex sunglasses – a stylish recipe of goodness and grime! Keep your hair happy with a radiance-boosting cleanse (no excuses!) and invest in quality hair like Virgin Remi Feme 100g to ensure your strands last way beyond when the last happy campers leave ...



TOPSHOP
Sunglasses, £11



LEONOR GREY
Beautifully Shampooing Eclair, £5



FEME
100g in Baby Blonde, from £40



PRIMARK
Crop Top, £5

DEBENHAMS
Trilby, £35



QUIF
Blast Creative Colour in Purple Rain, £25



SENSATIONNEL
Rare in Natural Wavy 10, from £34.99



MISS SELFRIDGE
Red Satchel, £25



4 ROCK PRINCESS

With the sound of guitars filling the open air, our Zoe's on home turf. We love her practical (OK, and stylish) wide-brimmed trilby and cross-body bag for on-the-go essentials while her classic shoulder-length bob is given an edge with a subtle hint of pastel through the ends of her strands. Rub on a small amount of colour stain through the ends – not too much, you want that lived-in, washed out wild child look.

GETTY IMAGES

hair hunter / super summer insta-dos



ASHLEY'S CAREFREE CURLS



DEMI'S 'V' IS FOR VAMP



PASTEL POWER FROM KYLIE



THIS BOUNCY BEAUTY FROM B

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10 best: body oils

11 July 2014

Sumptuous body oils to preen, perfect and de-puff tired skin

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10 best: body oils



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Photo 9 of 10

Huile Secret de Beauté Natural Fine Oils for Beautiful Body and Hair, £40.50, Leonor Greyl

Make this your holiday essential. Yes, it's a form of haircare to repair and protect using Buriti oil which contains keratin (the protein found in hair), but with added Grenada oil it also boosts skin repair, prolongs a tan and quenches skin on the body - while leaving behind a super gloss and the smell of tiare and lemongrass. Saving on packing space this is your two-in-one summer must-have

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Marrakech's Most Captivating Spas

Posted on July 10, 2014 by Rebecca Barnes in Spas



In my humble opinion, there are few places in the world as intoxicating, vibrant and stimulating to the senses than Marrakech. To first-time visitors, the sun-filled city is full of surprises; an azure sky punctuated by white-tipped Atlas mountains, the haunting Muezzin call to prayer, the pungent scent of spices piled high on market stalls – and some of the most decadent spas on the planet.

Opulent, extravagant and often stunningly designed, these really are the ultimate places in which to be nurtured. Combine a short break with a spa day at one of our favourite pamper palaces, and prepare to take both mind and body on an unforgettable sensory journey.

THE SENSUAL ONE: Spa by Terrake at Kenzi Menara Palace



Spa by Terrake is a valuable addition to the 5 star Kenzi Menara Palace Hotel, which is located in the red city overlooking the former ancient city walls. With over 1800 square metres, six treatment rooms and a hydrotherapy pool with resistance jets and underwater lighting, it's the perfect place to relax or recharge. Personal touches such as orange robes and tasselled locker keys give the spa personality, while the treatment menu is comprehensive – a traditional Hammam experience, Turkish baths, wraps, scrubs and a menu of face and body massage rituals using Terrake products and inspired by the four sensorial universes, earth, water, plants and air. My blissful full body massage successfully transported me to a calmer, more peaceful place, despite the spa soundtrack being on a loop; managing to tune out initially, by the time I left it had embedded itself into my brain. The best thing? Keeping the spa vibe going in my peaceful room, just minutes from the treatment room.

THE STYLISH ONE: Le Spa at Four Seasons Resort



The Four Seasons is dripping with style, from the scent and sight of the wonderful roses that greet you upon arrival, to the homely sitting room with books that you will want to lose yourself in. The spa opened in the summer of 2011, and the USP is centred around herbs indigenous to Morocco, namely neroli, rosemary, argan and verben. Each of the treatment rooms is named after said herbs, and soon to open is a fragrant garden which will nurture herbs that can then be used in drinks and treatments. Products used include Natura Bisse and Ila. In a treatment room that overlooked its own sweet little herb garden, I slipped out of my luxurious robe and indulged in the Four Seasons Massage of Morocco, which kicked off (pardon the pun) with a cleansing foot ritual to apparently get rid of negative energy. I haven't a clue whether it succeeded, but it was deliciously soothing all the same. The therapist was very skilled and the massage left me feeling great, not too spaced out and ready to face the delights of Marrakech head on.

THE SERIOUS ONE: Espace Vitalite Chenot Spa at The Selman



Le Spa at Royal Mansour is one of the most awe-inspiring spas I've ever set foot in, period. Slick, uber-luxurious and the only spa in the world to offer Chanel treatments and products, along with Maroc Maroc, Sisley, Dr Hauschka and [Leonor Greyl](#), your first glimpse of what's to come unfolds when you set eyes upon the jaw-dropping atrium. Blessed with space, light, a silence that's almost eerie and facilities more than befitting of its high profile clientele, I can only describe this place as akin to an ant's colony – there's a lot of work going on behind the scenes but you see nobody and hear nothing. My treatment took place in the light-filled VIP Couples Suite which was fully equipped with a sofa and even a TV, although catching up with BBC World News was the last thing on my mind. The Thai Ceremonial Massage included an application of the most divinely scented Maroc Maroc oil, a full body massage and some skilful arm and leg stretching courtesy of my serene therapist. Having rained all day, just as my treatment was finishing the sun came out. A definite Marrakech moment.

THE SUPERLATIVE ONE: Spa La Mamounia

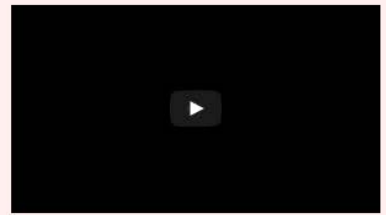


Want to flex that plastic? Then check into the 5-star La Mamounia. The smell of oud that assaults your senses upon arrival at this iconic hotel is nothing less than addictive, and sets the scene for the equally lavish Spa La Mamounia, with its beautiful lighting and a hushed tranquility that makes you want to stick around all day. The amount of floor space given up to the spa is impressive – 27,000 square foot to be precise – so you never feel as though you're being rushed. Inspired by a blend of Moroccan and Eastern culture, the philosophy of fusing the traditional with the modern is reflected in the products used – Shiseido, Maroc Maroc and La Ric. But where possible, ingredients are natural and indigenous, and include black soap, ghassoul (a mineral clay extracted in the Atlas mountains of Morocco), argan oil, rose water and scented orange water. With my return flight beckoning (damn you reality), I didn't have time to experience a treatment, but the ambience alone was enough to diffuse my stress levels.



Rebecca Barnes

Beauty editor and blogger Rebecca Barnes is the founder of the blog, Beauty Voyage. Having created beauty, travel and lifestyle content for countless publications and websites including Tatler, Daily Express, Cosmopolitan and iVillage, when Rebecca is not jetting around the world, she is scouting out London's best bars and eateries for Belle about Town. Someone's gotta do it...



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Review: trying out a Leonor Greyl haircare routine

Posted on 7 July 2014 by Katherine Poole

I met a few members of the Leonor Greyl team at Urban Retreat's beauty blogger event back in April, and got to talking with them about haircare.

Now, on the one hand I'm not totally pleased with my hair, but on the other I'm definitely not as unhappy with it as I was with my skin all those months ago. I've even got a routine I'm quite pleased with. (More on that below!)

My hair is really fine – but there's a lot of it – and it's on the curly/wavy side. Sometimes it gets frizzy, but more often than not I struggle with volume, shine and structure. (It probably doesn't help that I'm really laid back about style, with washing + product + air dry making up my current "routine".)

Regardless, when the lovely people at Leonor Greyl offered to let me try out a few of their products, I decided to take them up on it and see how my hair would take.

The team sent me Shampooing Reviviscence, Masque à L'Orchidée and Algues et Fleurs.



First up is the Shampooing Reviviscence. It's designed for brittle, lifeless hair, and when I've used it I've seen a significant increase in volume, which is great because I've been struggling with volume ever since I started growing my hair longer. However, when I let it air dry without a product it gets a bit frizzier than my normal shampoo does, but that's easily remedied. 😊 My hair also feels super clean and lightweight after washes with this product (significantly more so than any other product I've ever tried), though the curls don't dry as "structured" as they would with a product designed for curly/wavy hair.

Shampooing Reviviscence is available online from Urban Retreat for £21.77.



This conditioner is designed to be used as either a mask (if you apply it to dry hair and wait 20 minutes before washing out) or as a daily conditioner (if you apply after shampooing and wait 10 minutes before washing out). I've tried it both ways, and find that it's a bit too heavy for my hair as a mask (I found my hair was really weighed down afterwards – thought it did feel ultra soft and strong), and I struggle to wash it out after shampooing (and I tend to wash it out after only 5 minutes – but then my hair doesn't feel as conditioned as I would have anticipated).

What I *do* like it for is as a treatment during hot yoga. I put it on my dry hair, leave it to sit during the hour long class while I practice (and always with a headscarf or the sweat guides the product into my eyes during inversion... not ideal), and then wash out with shampoo and conditioner after class. I find this helps protect my hair from the heat/humidity of the hot room, and keeps it looking good despite all the washes between classes. (For clarity, I'll only do this every 3-5 classes, depending on how often I find myself in the hot studio.)

Masque à L'Orchidée is available online from Urban Retreat for £33.97.

And here's where my hair is so far...



Washed with the above, air dried without product and then... nothing! I'm really pleased with the volume and bounce my hair's had today. Unfortunately it feels (although the picture doesn't show it – score!) a bit more frizzy than I'd like, but it's also been humid today with light rain on and off, which really doesn't help combat frizz.



Now, out of the three this one has *easily* been my go-to product, and I'm about halfway through the bottle! It's totally earned its place with my daily hair care products. My favourite way to use it is after shampooing/conditioning with my staple products (all from Alterna's Caviar Anti-Aging range), then working a squirt of the Sea Silk Oil Gel through my hair before air drying. Then on the *second* day after the wash, this product adds just the right amount of lift and structure. But to test out these products, I've benched the Alterna ones.

Algues et Fleurs is available online from Urban Retreat for £20.90.

Here's the final look using just the Leonor Greyl products mentioned in this post...



This is what my hair looks like when it's been washed with the above Leonor Greyl products, air dried without any product put in, then the spray spritzed in! As you can see, there's a bit more structure to it and my waves have a bit more definition. Sadly, you aren't able to smell this product's delicious scent.

Have you tried any of these products? Or do you have any haircare products for fine (but lots of it!) curly/wavy hair?

Please note: while the Leonor Greyl products mentioned in this blog post were gifts, the views expressed are my own.

Hello!

Hello! I'm Katherine, but please call me Katie.

I'm an American expat in London and work as an online Community Manager. If I'm not at the pub, I'm at the yoga studio. This blog is about the fun things I get up to!

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JULY GIVEAWAY: LEONOR GREYL LEAVE-IN SCALP TREATMENT

Posted by [Selina](#) on June 29, 2014 · [Leave a Comment](#)



I have recently been sampling Leonor Greyl products and love their shampoo and leave-in treatment for oily scalps and dry ends! These natural haircare products smell lovely and really have helped to keep my scalp from being too oily between washes. I used to wash my hair daily (bad habit I know!) but this has been one of the products that has stopped that! It was actually featured in one of my magazines recently and it's a favourite of J-Lo.

For your chance to win a full size leave-in treatment, follow me on Twitter and RT my giveaway post or follow on Facebook and like the giveaway post there. Alternatively follow me on wordpress and comment below.

Good luck!

I'll choose a winner in a week's time!

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